



St Cuthbert's Catholic Primary School

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Be yourself, but be it very well.

Head Teacher: **Mrs A Garrity**
Deputy Head Teacher: **Mrs R Kerr**

11.11.21

Dear Parents and Carers,

There has been a large increase in the number of children and young people in County Durham testing positive for COVID-19 and the highest case rates are in school age children. This is leading to spread of COVID-19 within families and into older age groups. The increase in COVID-19 cases in children is disrupting their education, affecting schools and has an impact on the wider community.

We have received recommendations from Durham County Council's Public Health team and have decided to re-introduce the following measures to reduce the risk of COVID-19 transmission in school:

- Reducing mixing between year groups as far as possible, by year group or Key Stage, to reduce contact. For example, in assemblies and in the lunch hall
- To cancel or postpone educational visits where children would mix with other groups, and residential trips, until the spring term
- PCR testing for all adults and pupils if they are a close contact of a positive case in their household*.
- Daily LFD testing at home, for 7 days, for any adult or pupil in key stage 2 (year 3) or above who is a household contact of a positive case and is exempt from isolation, and continues to attend school. The testing of primary age pupils is at parental discretion. Testing should start from the day the household member has symptoms, or if they don't have symptoms from when they tested positive*
- Additional attention will be given to ventilation, cleaning, and respiratory and hand hygiene. We have air quality monitors in all classes.

**Note: People who have tested positive with a PCR test within the last 90 days should not be encouraged to test unless they develop new symptoms*

Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

LFD Testing advice

We would recommend you have a supply of LFD testing kits at home in the event you are requested to use them. You can order home testing kits to be delivered to your home here www.gov.uk/order-coronavirus-rapid-lateral-flow-tests. Or, you can collect LFD kits at Community Collect sites across the County. To find your nearest collection point please enter your post code here maps.test-and-trace.nhs.uk

If you pick up tests from a pharmacy, you may be asked for a 'collect code' this helps the NHS match your details to the tests.

To get a 'collect code' please visit test-for-coronavirus.service.gov.uk/collect-lateral-flow-kits. Please register the result of your home test at www.gov.uk/report-covid19-result

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child does develop symptoms, they should get a PCR test and remain at home at least until the result is known. Book a free PCR test at www.gov.uk/get-coronavirus-test . If positive, your child should isolate for 10 full days after their symptoms appeared.

If you are concerned about your child's symptoms, you can seek advice from NHS 111 at 111.nhs.uk/ or by phoning 111.

If your child has a positive test result but does not have symptoms they should stay at home and self-isolate for 10 full days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset.

You must always register the result of your home test at www.gov.uk/report-covid19-result.

Help, support, and further information.

To help you comply with the requirement to self-isolate, the County Durham Together Community Hub can provide access to essential supplies, financial support and emotional support as well as other services. Please visit www.durham.gov.uk/covid19help or call the Community Hub on 03000 260260 for further details.

There is also support available the coronavirus section via durhamlocate.org.uk

Finally, we would like to thank you for everything you've done to keep your family and community safe, and for your patience in continuing to support our school during this challenging time.

Yours faithfully,

Angela Garrity



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